

Belmont Recreation

Department

Presents

The 2005



Wrestling Clinic

Join the Belmont High School wrestling coaches and team as they continue the fun and exciting sport of wrestling for all Belmont **boys and girls** in grades K-4 and 5-8.

This clinic is designed for a beginner. We will focus on learning the fundamentals of the sport and the most basic and safe technique. Any wrestler that wishes to have a more intensive program that includes competition should contact Coach Jon Hartunian at belmontwrestling@hotmail.com

Grades K - 4

Tuesdays Mar 29, Apr 5,12,26, May 3,10,17,24

Grades 5 - 8

Thursdays Mar 24,31, Apr 14,28, May 5,12,19,26

At the **Butler** Elementary School Gym 5:20 - 6:20 PM

Fee \$ 40.00, max \$ 65.00/family

Forms are available online at

http://www.belmont.k12.ma.us/class_pages/jhartunian/